

Thank you for taking part in the Real Nappy Pilot Support Group. This has been really helpful to Real Nappies for London as we will be able to build evidence and identify whether providing a combination of real nappies and support can make a difference to parents wanting to use real nappies. We hope you have enjoyed your time at the sessions and felt that you have benefited from using real nappies.

Below are a set of questions we would like you to answer so that we can make a thorough evaluation of the sessions. Please try and answer every question as much as possible.

**What was the main reason for you attending the real nappy support group?**

**Before joining the support group, what did you think of reusable nappies?**

**How many disposable nappies were you using on your child per day before starting to use reusable nappies?**

**How much money would you usually spend on disposable nappies per week before starting to use reusable nappies?**

**Now that you are using reusable nappies on your child, how many disposable nappies would you say you use per day?**

**How much money have you saved per week from not buying disposable nappies?**

**How much of the time (%) would you say you use reusable nappies at home and out and about?**

At Home

Out and About

## Real Nappy Pilot Support Group

**Have you seen a reduction in the amount of disposable nappy waste thrown out to landfill compared to when you used disposable nappies full time?**

- Yes
- No
- Not Sure

Comments:

**Washing and Drying**

**What energy rating is your washing machine at home?**

**Do you wash full load or half load when washing your reusable nappies?**

- Full Load
- Half Load
- Not Sure

Comments:

**With what other items do you wash your reusable nappies with?**

**What temperature do you wash your reusable nappies?**

- 30°C
- 40°C
- 50°C
- 60°C
- 90°C
- Not Sure

Comments:

**How many extra washes a week have you needed to do since using reusable nappies? (If you have access to energy bill please state Kwh consumed since starting to use reusable nappies. Are you able to compare to the months when you were not using reusable nappies?)**

**How do you dry your reusable nappies?**

## Confidence

**On the scale below, how confident would you say you are with using reusable nappies?**

	Not at all confident				Somewhat confident					Very confident
Confidence	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**Are there any concerns or comments you might have about continuing to use reusable nappies once the sessions finish?**

**Overall, are you happy to say that you have saved money since using reusable nappies?**

- Yes
- No
- Unsure

Comments:

**Have you received support from your friends?**

- Yes
- No
- Not Sure

Comments:

**Have you influenced any other parents to try reusable nappies?**

- Yes
- No
- Not Sure

Comments:

## Real Nappy Pilot Support Group

**If you were to have a second child would you use reusable nappies?**

- Yes
- No
- Not Sure

Comments:

**If you were not to use reusable nappies again would you donate them?**

- Yes
- No
- Not Sure

Comments:

**Has the support group helped you to think about other related topics? i.e – Potty Training etc**

- Yes
- No
- Not Sure

Comments:

## Feedback on Real Nappies for London

**Did you find the real nappy pilot support group helpful?**

- Yes
- No
- Not Sure

Comments:

**The speakers were knowledgeable in their subject(s)?**

Strong Disagree

Disagree

Agree

Strongly Agree

Not Sure



Comments:

**Is there anything Real Nappies for London could do to improve the support group sessions?**

## Agreement

**I confirm that Real Nappies for London can use what I have said in this questionnaire, and throughout the duration of the pilot support group, to use for any administration purposes or outreach of the Real Nappies for London scheme**

- Yes  
 No

Parent Name

## Date

DD MM YYYY

Survey

 /  / 

Completed

## Personal Information

Age

Real Nappy Pilot Support Group

Please Select

The questionnaire has now finished. Please click 'done' to submit. Thank you for taking part with the Real Nappies for London Real Nappy Pilot Support Group. Your comments have been very valuable to us. If you have any questions regarding this pilot scheme or about real nappies in general please contact us on [realnappiesforlondon@lcrn.org.uk](mailto:realnappiesforlondon@lcrn.org.uk) or 020 7324 4709.